

Merimna Institute

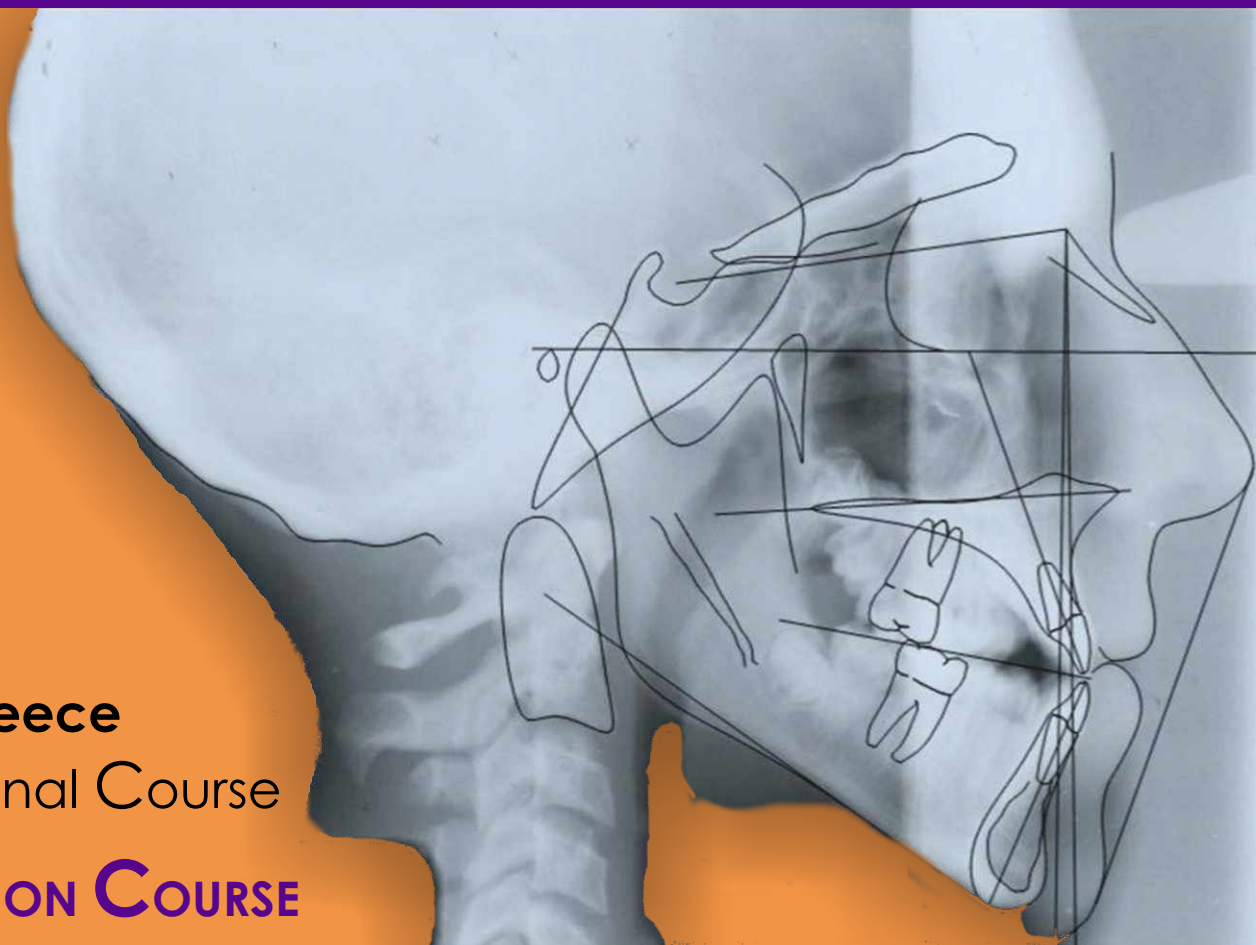
presents

Minor Tooth Movement for the Advanced General Practitioner

Greece

International Course

Five SESSION COURSE



Five separate sessions divided over a two-year period

Athens, **Greece**

New York, **Usa**

A hands-on participation course

by

Dr. MARTIN B. EPSTEIN

Organized by



Greece International Course

General informations

This course is designed for the general practitioner interested in integrating basic tooth movement principles into their daily practice. Participants will be provided with an overview and practical knowledge of all facets of tooth movement with both fixed and removable appliances. Understanding and basic training in the diagnosis and treatment planning of malocclusions will be stressed. Management for these patients will include the information and training necessary to be able to efficiently use a wide variety of modern state-of-the-art appliances. Proper recognition and management of problems in the developing dentition will be detailed.

Attendance in all sessions is mandatory in fulfilling the requirements for this program. Specific requirements include:

Attendance :

Four (4) sessions of four days (Thursday-Sunday) at Merimna Institute, Athens, Greece and 1 (one) session (Tuesday-Friday) at New York University-College of Dentistry, New York. Participants has to complete the program in five separate sessions divided over a two-year period.

Written Reports:

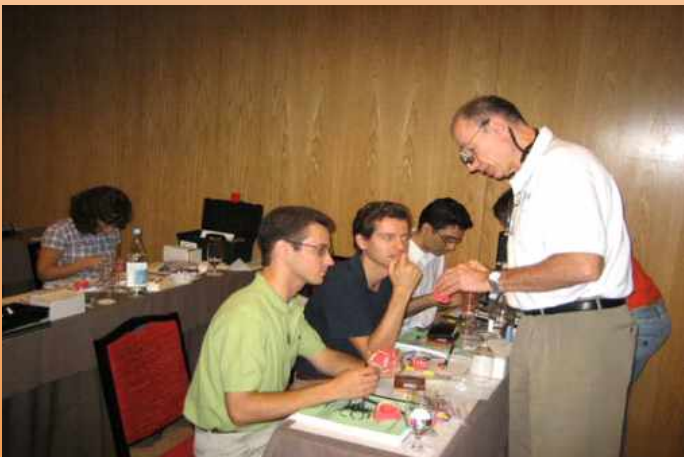
Participants must complete a written report on a topic to be determined by New York University College of Dentistry. Written reports must be typed. Recommended report length is 15-25 pages. A list of scientific references should be included. The written report may be in English or another language if the participant is not able to communicate in English. However, if English is not the language selected, a one-page summary in English must be included.

Case Presentations:

During the final session, participants are required to document and formally present two (2) clinical cases performed and completed in their private practices.

Program Completion:

Upon successful completion of all program requirements, a certificate of achievement will be awarded by NYU Linhart Continuing Dental Education Program. **Please note this certificate program is not applicable to any formal degree program but is an acknowledgement of the participants' commitment to professional growth and development.** The final decision for fulfilling the requirements is the responsibility of the Assistant Dean for Continuing Education.



Greece International Course

General informations

Program Fees: 12.000 €

Includes: Introductory course material Kit
Handouts of the program
Coffee breaks & Lunches

Program Dates: Session **#1**: December 4-7, 2014, Athens Greece
Session **#2**: April 30-May 3, 2015, Athens Greece
Session **#3**: December 3-6, 2015, Athens Greece
Session **#4**: May 5-8, 2016, Athens Greece
Session **#5**: January, 2017, NYC, USA

Language: The official language of the Course is **English**

Program Locations:

Greece

Merimna Institute
272 A, Vouliagmenis Ave.
17343, Agios Dimitrios,
Athens



USA

New York University College of Dentistry
Linhart Continuing Dental Education Program
345 East 24th Street, New York, NY 10010

For further information, contact: GREECE

Merimna Institute

Dr. Nakas Nikolaos

NYU Greece Program Leader

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E-mail: info@dentalseminars.gr, www.merimnaseminars.gr

The trainer



Dr. Martin B. Epstein

- Former Clinical Associate Professor, Department of Orthodontics Post-Graduate Division, New York University College of Dentistry
- Diplomate of the American Board of Orthodontics
- Teacher of the Year Award – NYU College of Dentistry, Postgraduate Orthodontics
- Presented courses and seminars extensively in Europe, Asia and South America
- Written numerous articles in American and International Orthodontic publications
- American Dental Association Certificate of Recognition – *for volunteer service in a foreign country*
- Manuscript Review Committee: American Journal of Orthodontics and Dentofacial Orthopedics
- Private practice of Orthodontics for 30 years

Greece International Course

A hands-on participation course

This course is designed for the general practitioner interested in integrating basic tooth movement principles into their daily practice. Participants will be provided with an overview and practical knowledge of all facets of tooth movement with both fixed and removable appliances. Understanding and basic training in the diagnosis and treatment planning of malocclusions will be stressed.

Management for these patients will include the information and training necessary to be able to efficiently use a wide variety of modern state-of-the-art appliances. Proper recognition and management of problems in the developing dentition will be detailed.

Issues covered will include:

- Biology of tooth movement
- Diagnosis and clinical evaluation
- Cephalometrics
- Facial esthetics
- Differential treatment planning



The scope of the course will include intensive hands-on participation with **state-of-the-art typodonts that simulate actual tooth movement** with a series of interactive models to follow all of the steps to correct a full malocclusion. Flexible models with special shape memory material, removable teeth and the exact brackets and molar bands used in the technique.

Topics included will emphasize:

- Early treatment for the younger patient
- Extraction and non-extraction treatment
- Adult treatment methodology using fixed appliances and the clear removable Invisalign system
- Diagnosis and treatment planning for implants
- Management of Class II and Class III patients
- Finishing treatment protocol and retention

Participants will learn precision bracket placement techniques and molar banding, archwire selection and fabrication. Contemporary mechanics using light continuous force systems will be discussed in detail. The use of the newer temperature activated shape memory archwires will be explored. **All of the instruments and materials necessary to carry out treatment will be included in the course kit.**

Upon completion of the sequence, the general practitioner will have developed the skills necessary to recognize and successfully treat a wide variety of tooth movement situations in a predictable and efficient manner. This will be accomplished by the integration of actual cases from the participant's own offices. Over the series you will be encouraged to bring diagnostic records of your own patient's to the course. We will treatment plan and design the appliances necessary to carry out successful and efficient protocols for these patients.



Session #1

ATHENS,
Merimna Institute

December 4-7, 2014

INTRODUCTION

Introduction and course overview

What is a malocclusion: classification systems, normal patterns, types of Class II & Class III patterns

ARMAMENTARIUM

COURSE KITS: complete selection of instruments, brackets, archwires and auxiliaries needed for the entire course

TYPODONTS: state-of-the-art typodonts that simulate actual tooth movement with a series of models to follow all of the steps to correct a full malocclusion. Flexible models with special memory like material, removable teeth and the exact brackets and molar bands used in the technique.

BANDING, BONDING & BRACKET PLACEMENT

Hands-on typodont sessions: actual bonding of brackets, use of measuring gauges

Banding and bonding of brackets and other attachments with theory and methodology

Separation and molar banding techniques

ARCHWIRES & LIGATION

Archwires-properties, types of archwires and clinical applications

Ligation of brackets on typodonts, discussion of methods and techniques

Hands-on typodont sessions: basics of wire bending, initial archwire placement, loop and circle designs, lacebacks, center & off-center bends

DIAGNOSIS

Introduction to diagnosis: establishing a comprehensive database, evaluation of facial esthetics

Comprehensive database: the key to diagnosis

Clinical evaluation: how to perform a complete clinical examination

Diagnostic records a step-wise approach to cataloging the database [use of exam form]

Differential diagnosis: evaluation of skeletal and dental relationships

Facial analysis: integration into database

Hands-on sessions: performing a thorough clinical examination and recording of findings

DIFFERENTIAL SLOT SIZE TECHNIQUE [DSS]

Introduction to the treatment philosophy [Part I]

Evolution of bracket design and bracket features

Selection of suitable cases for initial treatment: participants will select patients to treat and follow through the course. Guidelines discussed to evaluate ideal cases from your own office and document each step of treatment. Cases are diagnosed, treatment planned and followed through all stages.

Doctors have the benefit of treating actual cases and presenting progress documentation to the group at each session.

COURSE PARTICIPANTS CLINICAL CASES [EACH SESSION OF COURSE]

Presentation of student's individual cases

Diagnosis and treatment planning of student's own cases

Discussion and evaluation of progress cases

Session #2

ATHENS,
Merimna Institute

April 30-May 3, 2015

CEPHALOMETRICS

Introduction to cephalometrics and coordination with treatment planning
 Basics of digitizing and tracing with state-of-the-art computer based programs.
 Cephalometric landmarks: how to identify, understand and use the landmarks,
 Cephalometric analysis: how to integrate with diagnosis
 Cephalometric superimposition: technique to study growth and treatment results
 Cephalometric typical patterns: understanding usual and customary skeletal patterns

BIOLOGY OF TOOTH MOVEMENT

Theory of tooth movement: types of tooth movement, tooth movement variables

DIFFERENTIAL SLOT SIZE TECHNIQUE [DSS]

Treatment philosophy of the technique [Part II]
 Stages of treatment: divided into 7 specific treatment goals

ANCHORAGE

Principles of action and reaction, biomechanics of forces, couples, moments
 Anchorage appliance theory and design, anchorage loss and solutions

TREATMENT PLANNING

Introduction to the basic tools of understanding
 Growth modification: techniques and rationale used for skeletal changes
 Dental camouflage: techniques and rationale of dental versus skeletal changes
 Extraction patterns: analysis of dental arch length and treatment options for deficiencies
 Surgery: consideration for treatment [introduction]
 Putting it all together: integration of principles of diagnosis and treatment planning

SPACE MANAGEMENT

Canine retraction: principles, rationale and techniques
 Anterior retraction: principles, rationale and techniques
Hands-on typodont sessions: practical application of retraction techniques, helical loops

COURSE PARTICIPANTS CLINICAL CASES [EACH SESSION OF COURSE]

Presentation of student's individual cases
 Diagnosis and treatment planning of student's own cases
 Discussion and evaluation of progress case

Deep bite
Treatment



Open bite
Treatment



EARLY TREATMENT [INTERCEPTIVE]

Diagnosis and treatment planning of patients in the mixed dentition
 Removable appliances to treat anterior crossbites, habit treatment with removable and fixed appliances
 Functional crossbites and mandibular deviations
 Class III treatment with protraction headgear and expansion [Part I]
 Class II treatment with mandibular propulsion appliances [Part I]
 Treatment for injuries and avulsed teeth
 Extraction decisions in the mixed dentition
 Space maintenance and space regaining for early loss of teeth
Hands-on tyodont sessions: use of 2 by 4 mechanics, stopped arches, advancement arches, tip-back bends, toe-in bends

PALATAL EXPANSION [TREATING THE TRANSVERSE DIMENSION]

Theory and application of expansion of the maxillary arch
 Banded types of expanders: design and usage of various styles
 Bonded types of expanders: design and usage of various styles
 Other types of expanders: designs that do not open the suture

DIFFERENTIAL SLOT SIZE TECHNIQUE [DSS]

Introduction to the treatment philosophy [Part III]
 Stages of treatment: divided into 7 specific treatment goals
 Preparation phase of treatment and selection of anchorage appliances
 Leveling and aligning phase: archwire selection and strategy
 Class I and midline attainment principles
 Vertical and transverse considerations

SPACE MANAGEMENT

Posterior protraction: principles, rationale and techniques
Hands-on tyodont sessions: practical application of protraction techniques

DIAGNOSIS & TREATMENT PLANNING

Integration to actual cases with differential treatment planning
Diagnostic exam session: case material presented from actual completed patients records and reviewed by course participants for their diagnosis and treatment plans.
 Use of specific diagnostic forms to establish the comprehensive database

COURSE PARTICIPANTS CLINICAL CASES [EACH SESSION OF COURSE]

Presentation of student's individual cases
 Diagnosis and treatment planning of student's own cases
 Discussion and evaluation of progress case



Session #4

ATHENS,
Merimna Institute

May 5-8, 2016

NON-EXTRACTION TREATMENT

- Guidelines for the selection of a non-extraction treatment plan
- Diagnosis and treatment planning for maxillary molar distalization
- Non-extraction faces: principles for diagnostics in non-extraction facial esthetics

INTERPROXIMAL ENAMEL REDUCTION

- Theory and application of enamel reduction
- Techniques and methodology of enamel reduction with posterior teeth
- Treatment details: case studies of various situations requiring additional space management
- Anterior tooth reduction techniques and treatment

CLASS II MALOCCLUSIONS: DIAGNOSIS & TREATMENT PLANNING

- Diagnosis and treatment planning of the six typical Class II patterns
- Treatment of severe cases in the mixed dentition with mandibular advancement appliances
- Diagnosis and treatment of mandibular based problems
- Diagnosis and treatment of maxillary based problems

CANINES: DIAGNOSIS & TREATMENT OF IMPACTED TEETH

- Treatment planning for the compromised positioned canines
- Diagnosis of canine positions in the developing dentition
- Canine exposure: planning and methods of surgical uncovering of impactions
- Cone beam technology for diagnosis and the use of diode lasers for soft tissue impactions
- Treatment details of cases with various methods of bringing impacted canines into the arch
- Hands-on typodont sessions:** use of step-down arches with circles, NiTi coil techniques, piggy-backs

ADVANCED DIAGNOSIS & TREATMENT PLANNING [Part 1]

- Integration to actual cases with differential treatment planning for the more complex cases
- Diagnostic exam session:** case material presented from actual completed patients records and review by course participants for their diagnosis and treatment plans.
- Use of specific diagnostic forms to establish the comprehensive database

ADULT & INTERDISCIPLINARY TREATMENT [Part I]

- Periodontal and osseous considerations in adult treatment
- Treatment for adult requiring implants and prosthetics
- Adjunctive treatment planning for prosthetics
- Molar uprighting techniques
- TMJ diagnosis and treatment planning considerations

INVISALIGN TREATMENT [Part I]

- Treatment planning for adults and adolescents with clear removable appliances
- Use of interproximal enamel reduction to gain space to align teeth
- Impression taking techniques and the ideal bite registration method
- Advanced treatment planning of extraction cases with Invisalign
- How to do an effective and predictable Clincheck
- Theory, design and preparation of attachments

CLASS III MALOCCLUSIONS: DIAGNOSIS & TREATMENT PLANNING

- Interceptive treatment in the mixed dentition with protraction facemask therapy
- Facemask modifications and integration of palatal expansion
- Removable appliances for early treatment
- Camouflage treatment without surgery in the adolescent and adult patient
- Diagnosis and treatment planning for the surgical correction of severe skeletal patients
- Hands-on typodont sessions:** use of various advancement arches, pre-surgical arches

COURSE PARTICIPANTS CLINICAL CASES [EACH SESSION OF COURSE]

- Presentation of student's individual cases
- Diagnosis and treatment planning of student's own cases
- Discussion and evaluation of progress cases

Session #5

NEW YORK,
New York University

January, 2017

ADULT & INTERDISCIPLINARY TREATMENT [Part 2]

Periodontal and osseous considerations in adult treatment
Treatment for adult requiring implants and prosthetics
Adjunctive treatment planning for prosthetics
Molar uprighting techniques
TMJ diagnosis and treatment planning considerations

INVISALIGN TREATMENT [Part 2]

Treatment planning for adults and adolescents with clear removable appliances
Use of interproximal enamel reduction to gain space to align teeth
Impression taking techniques and the ideal bite registration method
Advanced treatment planning of extraction cases with Invisalign
How to do an effective and predictable Clincheck
Theory, design and preparation of attachments

THE VERTICAL DIMENSION

Treatment of open bite malocclusions
Treatment of deep bite malocclusions and the use of bite turbos with Hands-on typodont sessions

OCCLUSION

Principles of occlusal analysis, six keys to establishing ideal occlusion

ADVANCED DIAGNOSIS & TREATMENT PLANNING [Part 2]

Integration to actual cases with differential treatment planning for the more complex cases
Diagnostic exam session: case material presented from actual completed patients records and review by course participants for their diagnosis and treatment plans.
Use of specific diagnostic forms to establish the comprehensive database

LINGUAL TREATMENT

Theory and appliance design of fixed lingual appliances
Treatment planning for lingual appliances, archwire design and fabrication for lingual treatment

IMPLANTS USED IN TREATMENT

Theory and management of implants in diagnosis and treatment planning decisions
Micro and mini implants for effective treatment

FINISHING TREATMENT PROTOCOL

Pre-finishing checklist for the identification and management of the final stages of treatment
Diagnostics of finishing and how to observe the dentition in the proper manner
Finishing archwire selection and application
Final posterior alignment and use of second molar attachments
Hands-on typodont sessions: use of canine offset bends, artistic bends, swinging gates, piggy-back arches, torque application

ESTHETIC RECONTOURING

Techniques for recontouring of incisal edges for worn and abraded teeth
Treatment details of cases requiring recontouring

RETENTION PROTOCOL

Theory and management of the retention phase of completed treatment
Removable retainers: design and usage
Spring aligners for final tooth correction and relapse cases
Bonded retainers: design and applications; polyethelene ribbon type retainers

THE FINANCIAL SIDE OF TREATMENT

Discussion of fees and financial matters to make treatment profitable and cost effective

Special travel packages for delegates from abroad



Acropolis



Mykonos



Acropolis Museum



Santorini



Zakynthos



Cape Sounio