



UCL



5-Days
Masterclass
in **Aesthetic**
Dentistry



4-5-6 NOVEMBER 2017
9-10 DECEMBER 2017

Athens, **Greece**

In association with

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PROFESSIONAL
DEVELOPMENT

INSTITUTO
MEPIMNA

Teaching Staff Biographies

Programme Director:



Konstantina Dina Dedi DipDS, MS Cert in Prosthodontics (USA), FACP
 Diplomate American Board of Prosthodontics
 Specialist in Prosthodontics Fellow, American College of Prosthodontics Fellow,
 International Team of Implantology
 Principal Clinical Teaching Fellow, Director Aesthetic Dentistry Programmes, UCL Eastman Dental Institute

Konstantina Dina Dedi qualified in Athens Greece in 1994 and after two years of private practice, she moved to USA. for full-time training. She was awarded the USA. Specialization Degree in Prosthodontics (Combined Crown and Bridge Removable and Implant Prosthodontics) in 1997 and the Master of Science in Oral Biology (MSc) Degree in 1999 from the University of Missouri-Kansas City School of Dentistry in USA. as well as a degree in Maxillofacial Prosthetics and Dental Oncology in 1998 from the University of Texas-Houston MD Anderson Cancer Center in U.S.A. She then completed a one-year dental teaching fellowship at the University of North Carolina School of Dentistry USA.

Prior to her current appointment at UCL Eastman Dental Institute, she held the appointments of Clinical Assistant Professor in Prosthodontics, Director of Removable Prosthodontics Clinics and Director of the ITI Scholarship Program in the Prosthodontic Department of the University of North Carolina School of Dentistry in USA Ms Dedi was awarded the prestigious "Diplomate" specialty status from the American Board of Prosthodontics in 2002. She has been elected a Fellow of the International Team of Oral Implantology (ITI) and the American College of Prosthodontics and she held memberships in the Academy of Osseointegration, the International College of Prosthodontics and currently the American Dental Society of London. In her previous appointment with UNC School of Dentistry, Ms. Dedi had been teaching in the postgraduate specialty programs of Prosthodontics and Implant dentistry, she was the course leader of the Removable Partial Denture undergraduate preclinical course and she was involved in several continuing professional development courses. She has presented numerous lectures and continuing education courses in U.S.A., Europe and the Middle East on anterior aesthetics and immediate loading of dental implants.

Dina's main research areas of interest are: Dental Implants Immediate Loading and Anterior Implant Aesthetics. She practices in London's West End and her private practice interests include aesthetic dentistry, dental implants, fixed and removable prosthodontics, full-mouth rehabilitation and all-ceramic restorations.

UCL Eastman Lecturers:



Nikos Mardas Dipl.DS, MS, PhD
 Specialist in Periodontics
 Senior Clinical Lecturer & Honorary Consultant
 Centre for Adult Oral Health,
 Bart's & The London School of Dentistry & Hospital, QMUL

Dr Nikos Mardas qualified in Dentistry from Athens University in 1992. He completed his 3-year training as a specialist and the MS degree in Periodontology in 1997 and his PhD degree in 2005 at the Royal Dental

College, University of Aarhus, Denmark. During the period 2005-2015 was a Senior Lecturer / Honorary Specialist and M.Clin.Dent program co-ordinator in Periodontology Unit, at UCL, Eastman Dental Institute. In July 2015, he was appointed Senior Clinical Lecturer & Honorary Consultant (Associate Professor level) in the Centre for Adult Oral Health, Institute of Dentistry, within Barts & The London School of Medicine & Dentistry, Queen Mary University of London and Honorary Senior Lecturer in UCL, Eastman Dental Institute. At the same time, he is a consultant Periodontist & Implant Surgeon in 4 private practices.

Dr Mardas has published many papers in national and international peer-reviewed journals in the field of periodontal, bone regeneration and implant dentistry, he is editorial board member in Clinical oral Implant Research and reviewer for all the main international journals of his field. He has participated in consensus meetings of EAO, EFP and EADE. Dr Mardas has extensively lectured nationally and internationally and in 2011 was awarded the Basic Research Prize, of the European Association for Osseointegration. In March 2015 was appointed Education Delegate for the UK & Ireland ITI section.

Dr. Mardas has more than 18 years of private practice and university / hospital based clinical experience in treatment of periodontal diseases including conventional and regenerative periodontal surgery, periodontal plastic surgery, alveolar bone augmentation procedures and dental implants alone or in combination with bone grafting procedures

Teaching Staff Biographies



Dr. Marianna Kontopodi
Visiting Lecturer, UCL Eastman Dental Institute

Marianna Kontopodi graduated from Dental School of the Aristotle University of Thessaloniki in 2005. September of the same year she moved to England where she worked as a general dentist in private practice in Brighton and London. In 2006 she continued her studies at New York University, College of Dentistry and completed her Masters in Aesthetic Dentistry in July, 2008. September of the same year she moved to London, where in addition to her work as an aesthetic dentist she worked as a guest lecturer with Eastman Dental Institute, (UCL) in the field of cosmetic dentistry. Since 2010, Marianna Kontopodi lives and works in Athens and Crete and participating as a lecturer at seminars in Aesthetic dentistry in Greece and abroad.





Eastman Dental Institute at University College London, the largest postgraduate dental academic centre in Europe, currently involved in the education and training of some 17,500 dentists and dental care professionals, was the first dental school to receive the Queens Anniversary Prize for Higher and Further Education.

The internationally-renowned faculty undertake cutting edge fundamental, clinical and translational research on biomaterials and tissue engineering, and on microbial diseases, as well as providing specialist clinical care.

With over 60 years of experience the Eastman Dental Institute is a leader in education and research in the oral health care sciences. The Institute serves the needs of the local, national and international graduate dental community. Most clinical teaching is based at the co-located Eastman Dental Hospital.

The staff of the Institute includes distinguished clinicians, teachers and scientists, many of whom are actively involved with international, European and national bodies in the discipline, are editors of leading journals and authors of textbooks and research publications, and examine for the various Royal Colleges.

The Eastman has active partnerships with other universities, both in the UK and overseas, and with the Royal Colleges of Surgeons, and is a WHO collaborating Centre. There has been major investment in facilities which has served to enhance teaching, research and clinical activity. Most of the teaching and research facilities are of the very highest standards.



5-Day Masterclass in Aesthetic Dentistry

Aims and Objectives

This course aims to provide:

- Knowledge and skills of clinical procedures in adhesive and aesthetic dentistry
- Knowledge and understanding of contemporary aesthetic biomaterials
- Improvement of the standards of delivered aesthetic clinical dental procedures
- Broadening of the options for treatment planning of complex aesthetic problems

Topics reviewed

- Aesthetic smile evaluation, aesthetic concepts and pre-treatment case documentation, treatment planning
- Occlusal records for the aesthetic case (casts, face-bows, interocclusal registration, semi-adjustable articulators)
- Dental photography
- Anterior and posterior composite restorations/adhesive dentistry
- Ceramic Restorations: veneers and crowns
- Aesthetic metal-ceramic crowns and bridges
- Tissue management, impressions for indirect restorations
- Aesthetic Periodontics: Anterior crown lengthening, extraction site preservation, recession coverage, augmentation
- Aesthetic cements and cementation techniques for ceramic restorations
- Interdisciplinary treatment planning for complex aesthetic problems

Teaching and Learning

- Lectures
- Step by step patient case presentations
- Interactive patient treatment planning exercises
- Ample hands-on training (in skills laboratory and clinic)
- Video demonstrations of clinical procedures
- Current literature compilation
- Evidence-based dentistry
- Interdisciplinary case approach
- Interactive review sessions with the turning point system
- Small instructors/student ratio

Format

Morning session: 9:30am - 1:30pm: lectures, seminars

Afternoon session: 2:30pm - 5:00pm: hands on practical training or clinic

Day	Topic	Facilities	Hands-On Exercise
Day 1 Dr. Konstantina Dina Dedi & Dr. Marianna Kontopodi	Aesthetic Smile Evaluation. Elements of Smile Aesthetics. Treatment Planning Examples. Occlusal Records and Articulation for the Aesthetic Case. Aesthetic Mock-ups. Digital Dental Photography and Aesthetic Case Documentation	AM: Sem. Room PM: Clinic	Records Demonstration Exercise Clinical Photography Workshop
Day 2 Dr. Konstantina Dina Dedi & Dr. Marianna Kontopodi	Anterior Composite Restorations and Dental Adhesion Posterior Composites - Pulp Protection and Bases	AM: Sem. Room PM: Skills Lab	Obtain palatal matrices. Prepare and reconstruct fractured #21MI, 11MI. Prepare and Restore 15GF, 25DO and 26MO with sectional matrixes.
Day 3 Dr. Konstantina Dina Dedi & Dr. Marianna Kontopodi	All-Ceramic Systems/ All-Ceramic Crowns and Veneers. Aesthetic Metal-Ceramic Crown and Bridges, Ceramic Margins, Bridge Designs. Pontics - Gingival colour ceramics.	AM: Sem. Room PM: Skills Lab	Preparation for ceramic veneers at 11, 12, 13. Preparation for All-Ceramic Crown at 21 and collarless metal-ceramic crown at 23. PVS Impressions
Day 4 Dr. Mardas Nikos	Aesthetic Periodontics in Clinical Practice: Anterior Crown lengthening, and extraction site preservation	AM: Sem. Room PM: Skills Lab	Crown lengthening and site preservation exercise on pig jaws.
Day 5 Dr. Konstantina Dina Dedi & Dr. Marianna Kontopodi	Cementation of Etchable All-Ceramic Restorations. Immediate Dentin Sealing. Treatment Planning and Review Session.	AM: Sem. Room PM: Skills Lab & Sem. Room	Cementation of crown #21, veneers #11, 12 with 2 protocols.

General informations

Programme Director: Dr Konstantina Dina Dedi, DipDS, MS, FACP
Specialist in Prosthodontics
Director Aesthetic Dentistry Programmes-UCL Eastman Dental Institute - CPD

Location: Merimna Institute, Athens, Greece

Tuition fees: 900 €

Dates: November 4-5-6 & December 9-10, 2017

For more informations and registrations: Merimna Insitute
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Photo Gallery



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Zakynthos



Cape Sounio