

Specialist **Botox & Dermal Filler** Training Course

Up to 15 CPD points achievable for this course

MARCH 17, 2020

Botulinum Toxin Webinar

MARCH 18, 2020

Dermal Filler Webinar

SEPTEMBER 12, 2020

Full Day Practical Training
with models of all ages,
skin conditions and ethnicities



15th Group

HB Health in Knightsbridge,
London United Kingdom

ΙΝΣΤΙΤΟΥΤΟ ΜΕΡΙΜΝΑ Κέντρο Δια Βίου Μάθησης Επιπέδου 1
ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΕΡΕΥΝΑΣ ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ Ε.Ο.Π.Ε.Π.
Αρ. Αδείας Κε.Δι.Βι.Μ.1 2101624

ΙΝΣΤΙΤΟΥΤΟ
ΜΕΡΙΜΝΑ

Trainer's Profile

Dr Sotirios Foutsizoglou

MBBS, BSc, MSc, PhD, MRCS, EBOPRAS, BAAPS, BABS, ISHRS

Consultant Plastic and Reconstructive Surgeon, Founder of SFMedica



Dr. Sotirios Foutsizoglou is a Consultant Plastic and Reconstructive Surgeon based in London, UK. He graduated from the Newcastle University Medical School and completed his Foundation Programme and Core Surgical Training in London and Kent before undertaking specialist training in plastic and reconstructive surgery. Dr. Foutsizoglou has undertaken numerous fellowships ranging from Microsurgery and Breast Reconstruction to Aesthetic Surgery in Europe and USA.

In addition to his medical studies, Dr. Sotirios graduated as valedictorian in Mathematics from the University of Athens. He also graduated top of his class for his Master's degree in Biostatistics from the University of Athens in collaboration with Harvard University before pursuing his PhD studies and research in Biostatistics and Epidemiology at the Harvard School of Public Health, USA.

Since 2012, in his role as the lead trainer of KT Medical Aesthetics Group, he has been training medical practitioners in facial anatomy and advanced non-surgical treatments and procedures in the field of Aesthetic Medicine.

Dr. Sotirios Foutsizoglou has been named as the "King of Botox" by UK magazines as he has performed more than 30,000 treatments and has published extensively on complications associated with injectables both nationally and internationally.

Upon completion of the three days course a Certificate of attendance with up to 15 CPD hours will be awarded by KT Training.

This is a recognized certificate which will enable everyone to source insurance

About Course

KT Training and Merimna Institute are proud to offer a specialist training for Merimna Institute doctors. This is a one day intensive training on both Botulinum Toxin Treatments and Dermal Filler Treatments. Candidates who participate in this training will have to attend two 3 hour webinar via the internet one week prior to the intensive training day in London. Candidates will be sent pre course material to review the techniques before attending the practical training day. Candidates will have free access to our on-line business training as well as technical training to prepare them for the training day.

Training Day Schedule

MARCH 17, 2020 | 19:00-21:00
Botulinum Toxin Webinar

MARCH 18, 2020 | 19:00-21:00
Dermal Filler Webinar

SEPTEMBER 12, 2020
Full Day Practical Training with models of all ages, skin conditions and ethnicities

09:00-13:00 Botulinum Toxin Training
(maximum 6 candidates/trainer)

13:00-14:00 Lunch

14:00-18:00 Dermal Filler Training
(6 candidates/trainer)

Models are booked every half hour

DermaL Filler Training Overview

The dermaL filler course is structured to optimise our candidates time. We have developed some of the best online resources to ensure our candidate can review any part of the theory for this course as and when required. To optimise time and your learning experience we use recorded web seminars to deliver theory for this course. You can also access more educational resources and templates to assist you on the Medical Aesthetic Academy web site. All of these resources have verifiable CPD points approved.

KT Training dermaL filler course attendees will:

1. Complete the online lecture by our trainer from their home or office. This covers the full theory for the dermaL filler course.
2. Attend the knowledge review and practical dermaL filler injection workshops at one of our training venues. This can also be arranged as a bespoke course at your clinic.
3. Perform the injection techniques under the supervision of our expert trainers.
4. Receive your certificate at the end of the practical workshop.
5. Review your complimentary learning and theory as often as you require before and after the dermaL filler course.
6. Download the complimentary dermaL filler templates and documents from your online Academy account.
7. Review the complimentary guide to developing a cosmetic practice.

What will you learn on the dermaL filler course?

You will be learning the dermaL filler injection techniques to treat the following indications:

- Nasolabial Folds
- Lip Augmentation and Definition
- Perioral Lines
- Oral Commissures
- Fines lines

We provide a wide range of master classes with dermaL fillers. The master classes include the advanced dermaL filler, lip augmentation master class, tear trough and nose augmentation and the non surgical face lift training.

Do candidates get the opportunity to inject patients?

Yes, if you look at the dermaL filler training course outline the candidates will spend the majority of the course injecting patients who are provided by our cosmetic treatment program. This program selects patients with suitable indications who will be injected by candidates under close supervision of the KT trainers. With dermaL filler extensive clinical training is essential to ensure a good level of confidence.

What assistance do KT Training candidates receive ?

- Complimentary membership to the Medical Aesthetic Academy This online resource provides a full review of the dermaL fillers theory, injection videos and essential treatment documents for you to download
- Your certification is recognised worldwide and we have continuous professional development points approved for doctors, dentists and nurses
- Up to 15 CPD points achievable for this course Support and updates

The best option for your BOTOX® training courses

1. Complete the 2 hour online lecture conducted by our surgeon. This can be reviewed as often as you require.
2. Attend the knowledge review and practical injection workshop. Completing the online lectures and educational resources before attending the practical session will allow candidates to focus on the practical skills when attending the course. KT Training candidates also have the same option for the dermal filler training workshop, this course can be completed on the same day during the afternoon session..

The foundation botox training theory

The theory will teach:

- Anatomy of the upper face
- Overview of facial musculature
- Aging of the skin
- Overview of the multidisciplinary approach for the rejuvenation of the aging face
- Review the range of botulinum toxin products
- Adverse events and treatment responses
- Pain management protocols
- Injection techniques for botulinum toxins
- The indications of the face, which can be treated effectively with Botox
- Botox Pre-Treatment Protocols
- Medical History
- Botox Post Treatment Protocols
- Botox Patient Consent Forms
- Review of Botox Consultation Protocols

Our foundation botox training courses are recognised by all major insurance companies and have CPD points approved for doctors, dentists, nurses and pharmacists. Therefore our candidates will be ready to source insurance and start their journey in aesthetic medicine when completing this course.



The practical Botox injection workshop will include:

- Observing a demonstration of the procedure on a patient
- Hands on injection time with BOTOX

Candidates will be working in small groups for the practical workshops. Each group will evaluate and inject the patients provided by us. Our trainers will closely supervise and advise while you inject. All candidates will treat the following indications:

1. Horizontal forehead lines
2. Glabellar frown lines
3. Periorbital crows feet lines

What are the resources KT Training provide to our BOTOX course attendees?

In conclusion the KT botox training course will provide our candidates with the knowledge, technical skills and business guidance to start their career in aesthetic medicine.

- Recognised certification worldwide
- Verifiable CPD points
- Pre & post course support
- Online CPD approved support courses available before and after the practical training
- Lifetime membership to The Medical Aesthetic Academy e learning
- Clinic start up guidance and resources
- Unrivalled hands on botox injection training with patients

Recognised and Established Botox Training Courses

Our foundation botox training courses are recognised by all major insurance companies and have CPD points approved for doctors, dentists, nurses and pharmacists. Therefore our candidates will be ready to source insurance and start their journey in aesthetic medicine when completing this course.

Contact us and we will send the botox training course information pack plus the complimentary starting a cosmetic practice guide.

*Botulinum toxins are prescription only medicines as a result they must be administered following prescribing guidelines. Consequently nurses and pharmacists require the V300 qualification to provide a private prescription. Alternatively they will need to work with a prescriber to practice after your botox training course.



Certificate of attendance:

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General Information

Dates

MARCH 17, 2020 Botulinum Toxin Webinar

MARCH 18, 2020 Dermal Filler Webinar

SEPTEMBER 12, 2020 Full Day Practical Training with models of all ages, skin conditions and ethnicities

Tuition fees: 1.100 GBP

Location : HB Health Knightsbridge
12 Beauchamp Place, London, SW3 1NQ

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