

# FOUNDATION BOTOX® & DERMAL FILLER TRAINING



This Botox® and Dermal Filler bespoke training course is designed as an introduction to the basic treatments that are the most sought after within the aesthetics industry.

**14 October 2025:**

2-3 hours webinar on Botox

**15 October 2025:**

2-3 hours webinar on Dermal Fillers

**25 October 2025:**

London full day training course on patients Botox and Dermal Fillers treatments

**Total CPD Hours: 13**

**Practical experience:** Live patients provided

**Location:** Farringdon, London, WC1X 0AE



**Cosmetic Courses**  
Teaching in medical aesthetics





# Cosmetic Courses

Teaching in medical aesthetics

## ABOUT COSMETIC COURSES

Established since 2002

Created by internationally-recognised Consultant Plastic Surgeon **Mr Adrian Richards**, Cosmetic Courses offers multi award-winning aesthetic training courses to medical professionals delivered by our hand-picked expert faculty across the UK in our training clinics.

- ✓ **UK's first multi-award winning aesthetic training provider**
- ✓ **Trained over 30,000 delegates**
- ✓ **Expert trainers with 168 years of combined experience**
- ✓ **Personally tailored training to meet your needs**
- ✓ **Unlimited support throughout your training**
- ✓ **Accredited by all cosmetic insurance providers**

Aesthetics  
**AWARDS**  
Winner 2023



## COURSE DIRECTOR



**MR ADRIAN RICHARDS**  
**MS, FRCS, FRCS (PLAST)**  
CONSULTANT PLASTIC SURGEON

Mr Adrian Richards is Medical Director of Cosmetic Courses and is one of the UK's most experienced Consultant Plastic Surgeons in both surgical and non-surgical treatments. He trained in Oxford and London as a Consultant Plastic & Cosmetic Surgeon, with further specialist training in Australia and America. He has worked at the Regional Plastic Surgery Centre in Stoke Mandeville, Aylesbury and now concentrates exclusively on Cosmetic Surgery and training.

Mr Richards is a member of both BAPRAS and BAAPS and is an author of over 30 publications, including a best-selling book on plastic surgery. As one of the leading generation of Plastic Surgeons, his expertise is often sought after by the media, with frequent appearances on television and radio. He has been voted Home Counties Leading Plastic Surgeon by The Daily Mail, Leading Breast Surgeon UK by The Independent on Sunday, and was named The Botox Expert in the Evening Standard's 'Harley Street Heroes'.

In 2014 Mr Richards was also named as one of the world's 'Top 100 Most Influential Cosmetic Doctors' by international cosmetic surgery website RealSelf. He was chosen due to his commitment to answering patient questions about a range of surgical and non-surgical procedures.

Mr Richards is supported by his handpicked team of highly qualified and experienced aesthetic doctors, nurse specialists, Dental practitioners and aesthetic practitioners who offer a wide range of specialist training skills.

## COURSE TRAINER



**DR ANTONIS PETROU-AMERIKANOS**  
AESTHETIC DENTIST

**Dr. Petrou-Amerikanos qualified as a dentist in 1985. His skills, gentle approach and wonderfully calming manner has earned the undying devotion of numerous grateful patients.**

Applying his dentistry background Dr Petrou-Amerikanos also holds a wealth of knowledge and experience within the aesthetic industry. Regularly attending conferences and exhibitions to keep up to date with the latest technology and techniques. His holistic approach and outstanding care to patients have seen him grow a loyal following of clients.

Dr Petrou-Amerikanos uses his dentistry and aesthetic knowledge to teach our courses in Buckinghamshire and London since 2021, in this time we have received fantastic feedback to his way of teaching and thorough explanations.

# FOUNDATION BOTOX® & DERMAL FILLER TRAINING

Cosmetic Courses and Merimna Institute are proud to present a bespoke specialist training for Medical Professionals. Botox® and Filler Foundation Training Course is the course to start your career in aesthetics. Being an Allergan appointed training provider it is one of the only aesthetic courses to train in Allergan's genuine Botox® and Juvederm filler.

This Botox® and dermal filler training course is designed as an introduction to the basic treatments that are the most sought after within the aesthetics industry. Candidates who participate in this training will have to attend two webinars via the internet one week prior to the intensive training day in London. The full day in London consist of practical live patient hands-on training in small groups covering areas such as:

- ✓ **Upper face 3 area Botox®**
- ✓ **Nose to mouth lines**
- ✓ **Marionette lines**
- ✓ **Corners of the mouth**
- ✓ **Lip Fillers**

Upon booking our Foundation course, you will receive pre-course reading available to complete on our online training academy, anytime and anywhere. During the day itself, our expert team will provide full support and first hand advice to help you gain further skills and confidence.





# LEARNING OBJECTIVES

## Botulinum Toxin Learning Objectives:

- ✓ Characteristics of Facial Aging
- ✓ Botulinum Toxin Pharmacology
- ✓ Development of Botulinum Toxin
- ✓ How Botulinum Toxin is made
- ✓ Mode of action
- ✓ Onset of Botulinum Toxin
- ✓ Contraindications to Botulinum Toxin
- ✓ Types of Botulinum Toxin
- ✓ Reconstitution of Botulinum Toxin
- ✓ Surface anatomy
- ✓ Actions of the facial muscles
- ✓ Upper face injection sites
- ✓ Common issues following treatment.
- ✓ Potential complications

### PROGRAM TIMETABLE

**14 October 2025** 19:00-21:00 Greece Time  
Botulinum Toxin Webinar

**15 October 2025** 19:00-21:00 Greece Time  
Dermal Filler Webinar

**25 October 2025**  
London full day training course  
on patients

**09:00-12:00 UK Time**  
Botox and Dermal Fillers treatments  
(maximum 4 candidates/trainer)

**12:00-13:00 UK Time**  
Lunch

**13:00-17:00 UK Time**  
Botox and Dermal Fillers treatments  
(maximum 4 candidates/trainer)

## Dermal Filler Learning Objectives:

- ✓ Volume loss and gravity changes
- ✓ What are dermal fillers
- ✓ Dermal filler pharmacology
- ✓ Contraindications
- ✓ Types of dermal filler
- ✓ Facial arteries
- ✓ Juverderm range
- ✓ Injection techniques
- ✓ Facial assessment including structure, examination, evaluation & treatment planning.
- ✓ Lip, cheek, and filler around the mouth codes
- ✓ Cannular techniques
- ✓ Basic principles
- ✓ Insertion points
- ✓ Advantages of cannula
- ✓ Benefits of dermal filler
- ✓ Potential complications
- ✓ Treatment of complications
- ✓ Hyalase protocol

### LEARN IN A CLINICAL ENVIRONMENT

This course is held in our training clinics in London.

**Live patients provided by Cosmetic Courses.**



# WHY CHOOSE COSMETIC COURSES FOR YOUR BOTOX AND DERMAL FILLER FOUNDATION TRAINING COURSE?

- ✓ Cosmetic Courses is the UK's First Botox and Dermal Filler Training Course provider
- ✓ Cosmetic Courses is an Allergan approved appointed training provider
- ✓ You receive practical experience in both Botox and fillers on live models provided by us
- ✓ Cosmetic Courses is an award-winning training provider
- ✓ Accredited course developed in line with JCCP and CQC standards
- ✓ Cosmetic Courses is also a Hamilton Fraser Partnered Training Provider
- ✓ All courses are led by our handpicked team of experts including doctors, dentists and nurses
- ✓ Courses held in fully functioning clinic environments in London

## FREQUENTLY ASKED QUESTIONS

### Does this course allow me to go straight out and practice?

If you successfully complete your Foundation Botox and Dermal Filler training day you will receive a certificate of attendance which is recognised by all major aesthetic insurance companies. Once you have your insurance in place, you can then begin practicing.

### Will I be insured to inject on the day of the course?

Yes our insurance covers you on the day of your training. Following this, you will need to arrange your own insurance; details of which are provided to you on the foundation course.

### Will I get practical hands-on experience?

Yes. Cosmetic Courses place a real emphasis on the practical side of your training. Therefore on our Foundation Botox and Dermal Filler course you will be able to practice both the 3 area upper face Botox treatment as well as the basic dermal filler treatments on real patients provided by us, under close supervision of our expert trainers.

### Do I need to bring a model for the training?

No, we will provide models for your training experience so you don't need to worry about finding someone to come with you on the day.





## GENERAL INFORMATION

### Dates:

**14 October 2025:** 2-3 hours webinar on Botox

**15 October 2025:** 2-3 hours webinar on Dermal Fillers

**25 October 2025:** London full day training course on patients Botox and Dermal fillers

**Total CPD Hours:** 13

**Level:** Foundation

**Pre Course reading:** 2 hours

**Practical experience:** Live patients provided



**Tuition fees:** £1.110 ( GBP)

Travel expenses to London is Participant's obligation.

### Location :

**Cosmetic Courses London**

**The Cosmetic Centre**

49 Mount Pleasant

Farringdon

London

WC1X 0AE



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## REGISTRATION



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**Dental Education Institution**

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General Electronic Commercial Registry No: 69652803000



## LONDON

