

3-Day Masterclass in Vital Pulp Therapy & Dental Trauma

NOVEMBER 1-3, 2024

The 3-day MasterClass on Vital Pulp Therapy (VPT) and management of Traumatic Dental Injuries (TDI) has been specifically designed to assist every practicing dentist.



Speakers/Trainers



**Dr. Nestor
Tzimpoulas**



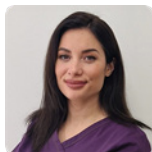
**Dr. Theodoros
Tasopoulos**



**Prof. Dr. Kosmas
Tolidis**



**Dr. Panagiota
Kardara**



**Dr. Katerina
Koleventi**



**Dr. Miguel
Marques**

EDUCATORS



Dr. Nestor Tzimpoulas DDS, MSc, FIADT, Endodontist

Dr. Nestor Tzimpoulas graduated from the School of Dentistry of the National and Kapodistrian University of Athens in 2009. Between 2010-12 he was clinical instructor in the department of Endodontics at Athens School of Dentistry. In 2013, he was accepted at the 3-year post-graduate program in Endodontics at ACTA University of Amsterdam in the Netherlands, which he successfully completed in 2016. From 2016 until today, he has been working in a private practice limited to Endodontics in The Hague, the Netherlands and since 2019 he has returned to Greece and owns a private practice in the center of Athens which specializes exclusively in Endodontics and Dental Traumatology.

Dr. Nestor Tzimpoulas is the first Greek dentist who has received the Fellowship Award of the International Association of Dental Traumatology (IADT) after he successfully passed the examination process in 2021. He has been author and co-author of several peer review international publications and has lectured nationally and internationally on vital pulp therapies, dental trauma and management of immature teeth. He is certified for the translation to Greek language of the official guidelines for the management of traumatic dental injuries published by the International Association of Dental Traumatology (IADT 2020) and the first aid app for mobile phones ToothSOS.

In 2021 Dr. Tzimpoulas founded an integrated online platform www.dentaltrauma.gr with the aim of informing Greek patients and dentists about prevention, first aid and management of complex traumatic dental injuries.



Dr. Theodoros Tasopoulos, DDS, MSc, PhD, Prosthodontist

Dr Theodoros Tasopoulos graduated from the School of Dentistry of the National and Kapodistrian University of Athens in 2004. He continued his studies at the University of Bristol (United Kingdom) and received his Master of Science degree in Prosthodontics in 2008.

Dr Tasopoulos successfully completed his thesis and was awarded a PhD degree in 2023. He is a member of several scientific societies and he has authored and co-authored a number of scientific papers published in international peer-reviewed journals. Additionally, he gives lectures and continuing education courses in the field of digital restorative dentistry, mouthguards and splint therapy. He has served as a digital dental specialist for 3Shape (KOL), since 2021.

Dr Tasopoulos has been practicing in his own dental clinic in Athens since 2008, where he practices all aspects of Restorative, Esthetic and Implant Dentistry.



Prof. Dr. Kosmas Tolidis, DDS, MSc, PhD, LSO, Pediatric Dentist

Graduated from the Dental School of Thessaloniki on 1989

- 1991-1993 Master's Degree on Pediatric Dentistry at the University of Bristol UK.
- 1996 PhD from the University of Thessaloniki on Dental Materials with excellence.
- 2016 Mastership on Dental Laser at the University of Aachen in Germany.

At the moment is:

- Professor and Head, with the Dept. of Operative Dentistry at the Aristotle University of Thessaloniki
- Head, of High Dental Technology Unit at the Aristotle University of Thessaloniki
- Coordinator, of the Postgraduate Program of Operative Dentistry-Direct Esthetic restorations, at the Aristotle University of Thessaloniki
- Coordinator, of the Continuous Education Program of Restorative/Esthetic Dentistry, at the Aristotle University of Thessaloniki
- Coordinator, of the Greek State Exams for Dentistry at DOATAP
- President, of the Hellenic Academy for Laser Dentistry

He authored approximately 100 scientific papers in English and in Greek and two textbooks in Greek, "Direct esthetic restorations, 2004" and "Solving clinical problems in Pediatric Dentistry, 2006".

He served as:

- Chief Dental Officer of Hellenic Republic
- President, of Stomatological Society of Northern Greece
- Secretary General of the Hellenic Academy of Aesthetic Dentistry
- President of Dental Society of Thessaloniki
- Vice-President of "Aghios Pavlos" hospital of Thessaloniki
- Member of Administrative Council of DOATAP
- Member of the council of the Hellenic Dental Association
- President of the scientific committee of the Hellenic Dental Association
- President of the Panhellenic Dental Congress

His research interest is on minimal invasive cosmetic dentistry, esthetic restorative dentistry, biomaterials and pediatric dentistry.

From 1989 he owns a private dental clinic in Thessaloniki dedicated to esthetic and pediatric dentistry.



Dr. Panagiota Kardara, DDS, Dentist

Dr. Panagiota Kardara, graduated from the School of Dentistry of the National and Kapodistrian University of Athens in 2010 within the first ten students of her class. Between 2010-2012 she was working in Athens and in March 2012 she was authorised as clinical assistant in the department of Endodontics in Dental School of Athens. During the period 2012-2017 Dr. Kardara moved to The Netherlands and has been working as general dentist in private practices in The Hague, The Netherlands and in the field of Paediatric Dentistry at Erasmus Hospital in Rotterdam.

Due to her passion in delivering the best treatment options to her patients she followed the courses of Aesthetic and Restorative Dentistry of professors Dr. Dietschi and Dr. Pascal Magne in Geneva in Switzerland, where she was taught direct and indirect restorations of anterior and posterior teeth with the use of dental microscope and elaborated on treatment planning for patients who suffer from toothwear-erosion. Moreover, she followed a Master in Specialised Orthodontics in Amsterdam in completed in cooperation with the International University of Munster.

In 2017 she moved back to Greece and owns two practices in Messinia where she mostly works under microscope in the field of Endodontics, Restorative and Paediatric Dentistry. In January 2024 she was accepted at the post-graduate Master Programme in Endodontics at the University of Sienna. She participated as co-author in several publications and has been speaker at several national congresses in Greece but also at schools, schools for children with special needs, and at 'child health clinics' in The Hague, The Netherlands.



Dr. Katerina Koleventi, DDS, MSc, Pediatric Dentist

Katerina Koleventi graduated from the Dental School of Thessaloniki and the Military School of Officer Corps in 2008. From 2008 to 2011 she worked at the 251 General Air Hospital as a Dentist Officer and then entered the Three-Year Master's Program of Dentistry in Thessaloniki, specializing in Pediatric Dentistry.

During her postgraduate studies, she took part in two COST ACTION research projects due to her interest in health issues related to the collaboration of specialties. She participated in the writing of a manual that prepares children with autism for the visit and treatment at the dental office which can be found at www.makaton.gr in collaboration with speech therapists, psychologists.

He is a member of the Hellenic Pediatric Dentistry Association, the International Association of Pediatric Dentistry, the International Association of Dental Traumatology. She has participated in various research papers that have been published in peer review scientific journals and has given speeches at scientific conferences both in Greece and abroad. The group of her dental offices are in Attica, Thessaloniki and Argolis.



Dr. Miguel Marques, MD, DDS, MSc, Endodontist

Dr. Miguel Marques graduated from University of Lisbon in the college of dentistry in 2000 and in the college of medicine in 2007. In 2014, he completed the post-graduate program in endodontics at the Academisch Centrum Tandheelkunde Amsterdam (ACTA) at the University of Amsterdam, in the Netherlands.

From 2014 until today, he has been working in private practice limited to Endodontics in Amsterdam and Haarlem, in The Netherlands.

He has been author and co-author of several peer review international publications and has lectured nationally and internationally on vital pulp treatment, crack teeth and restoration of endodontically treated teeth.



Specially designed models have been constructed for all hands-on sessions exclusively for this seminar.

Introduction to Masterclass

Vital Pulp Treatment and endodontic management of immature teeth with open apex

The management of teeth with deep caries has become a distinct and emerging subject in modern dentistry in recent years. New technological advancements in endodontics, including new devices, modern **bioceramic materials**, the use of magnification and particularly dental operating microscopes, offer dentists more options in the management of cases with advanced carious lesions.

Increasingly, dentists are called upon to address cases in their clinics involving patients of pediatric or adolescent age with very deep caries approaching the pulp, cases of pulpitis, or pulp exposure in permanent teeth with immature root formation and the choice of appropriate endodontic treatment is needed to achieve long term survival of the teeth.

The **dental pulp** is a highly sensitive and specialized connective tissue consisting of vessels, nerves, cells such as odontoblasts or fibroblasts from the mesenchymal tissue, and all this system is surrounded by the ground substance that also determines the physiology of the pulp. However, the structure and homeostasis of the pulp can be disrupted when external factors such as **bacteria** and their by-products create a chain of reactions in the pulp and disturb its equilibrium leading to its disorganization.

The pulp, on its part, possesses various **defense mechanisms**, with inflammation and the immune response being its most significant, aimed at preventing pulp disruption in its structure or repairing any tissue damage that may occur. However, when carious insult and microbial factors are not adequately and timely managed, the pulp undergoes pathological changes gradually leading to its necrosis.

In many cases, before necrosis occurs, the pulp goes through various stages during which the patient may present with various clinical symptoms that, in combination with radiographic findings and the clinical appearance of the pulp, constitute important factors determining the extent of inflammation and our final diagnosis. The dentist is called upon to decide, relying on objective findings and subjective symptoms of the patient, in which cases the **tissue damage** that has occurred in the pulp is **reversible or irreversible** and to select the appropriate therapeutic solution.

Many studies have shown that even in cases of teeth with very deep caries approaching the pulp and accompanied by clinical symptoms of the patient, **endodontic treatment can be avoided**, and a more conservative approach to tooth management can be performed with **Vital Pulp Therapy**. Especially when dealing with teeth of pediatric or adolescent age with immature apices, our primary goal should be to attempt to maintain pulp vitality, allowing for the development of root and apex formation.

Depending on clinical and radiographic findings, pulp therapies offer **four different therapeutic options** for the dentist:

- Indirect pulp capping
- Direct pulp capping
- Partial pulpotomy
- Complete pulpotomy



Pulp Treatment



Pulp Treatment

In cases where the pulp fails to cope with microbial insult, **necrosis** of the root canal system follows and the dentist is required to select the appropriate endodontic treatment according to the root formation of the tooth, its position in the arch, the age of the patient, and the subsequent restorative treatment to be followed.

Endodontic management of non-vital immature teeth includes **two treatment options**:

- Apexification technique using contemporary bioceramic materials
- Regenerative treatment options.

Dental Trauma

Apart from treating teeth with extensive carious lesions and or immature teeth with open apices, dentists are called upon on a daily basis to manage and address various types of Traumatic Dental Injuries (TDI), mainly in children but also in adults. Dental or maxillofacial trauma is one of the most common emergency cases in dentistry, which if not treated promptly, can have a series of negative consequences both on the traumatized tooth, jeopardizing its retention in the dental arch, and on the patient themselves, affecting their aesthetic appearance, masticatory function, and speech, while it has been proven to have further psychological or social implications, affecting socialization or even the self-esteem of the patient, especially when it comes to children.

According to a global study, the worldwide **prevalence** of dental trauma is 15.5% for permanent dentition and 22.5% for primary dentition. More than 1 billion people worldwide have experienced TDI at least once in their lifetime, and dental trauma is now ranked fifth among the most common acute/chronic diseases according to the World Health Organization (WHO).

The most common **causes of TDI** in permanent dentition are accidents that may occur during various leisure activities of school-age children, sports, traffic accidents, physical assaults, or even domestic violence. There may also be predisposing factors associated with increased chances of dental trauma, such as increased overjet, childhood obesity, etc.

The management of TDI can often be a complex process since some cases require an interdisciplinary approach involving different dental specialties to achieve the best aesthetic, functional, and biological outcome for the patient. Chronologically, we can distinguish the management of TDI into emergency treatment by providing first aid to the patient and the definitive treatment plan, which includes all dental treatments following the emergency management, as well as the long-term follow-up of the patient.

A prerequisite for the proper treatment of TDI is to make a proper diagnosis and classification of the injury, which will determine both the **emergency management** and **the definitive treatment plan**. Dental injuries can involve more than one tissue such as the pulp, periodontal tissues, and hard tissues, each requiring different diagnosis and management accordingly.

For this purpose, during the initial examination, a detailed history of the trauma should be taken, as well as a thorough evaluation of both clinical and radiographic findings. Specifically, the **diagnosis** is based on data obtained from objective clinical findings observed by the dentist on the traumatized tooth and periodontal tissues, as well as information obtained from vitality tests of the pulp, detailed clinical examination of the patient's signs and symptoms, and radiographic imaging (periapical and cone beam computed tomography - CBCT).

After the **initial examination** and diagnosis, the dentist is called upon to provide first aid and emergency management for all tissues (pulp and periodontal tissues) that have been affected. This may include a series of actions such as covering any exposed dentinal tubules or exposed pulp, reattaching fractured segments, repositioning displaced teeth, immobilizing displaced teeth, suturing soft tissues, providing instructions to the patient, etc. The goal of first aid is to allow the most optimal healing possible of all involved traumatized tissues and to reduce possible post-traumatic complications that may arise in the future.

However, **post-traumatic complications** of traumatized teeth in permanent dentition are often unavoidable and may occur either during the immediate post-traumatic period or long-term during follow-up visits. Age, severity of the trauma, and handling during emergency management are just some of the factors that may determine the type and extent of complications. Complications can be divided into complications of the pulp, such as necrosis or pulp canal obliteration, complications of the root and periodontal tissues, such as various types of root resorptions or loss of the periodontal ligament space in the traumatized tooth, as well as complications during the healing of traumatized soft tissues.

The dentist is required to know when and if any intervention is needed and with the appropriate treatment options to be able to prevent the onset or arrest, whenever possible, the unfavorable evolution of post-traumatic complications, thus contributing in the long-term survival of the traumatized teeth in the dental arch.



Dental Trauma

Summary of MasterClass

The 3-day MasterClass on Vital Pulp Therapy (VPT) and management of Traumatic Dental Injuries (TDI) has been specifically designed to assist every practicing dentist in acquiring all necessary knowledge and developing appropriate skills to successfully apply modern bio-ceramic materials in cases of advanced carious lesions and to manage any dental trauma scenario in pediatric, adolescent, or adult patients. Participants will gain all necessary knowledge regarding the management of pediatric patients in the clinic, the establishment of preventive programs, the administration of painless electric or conventional anesthesia, and the proper use and application of contemporary bio-ceramic materials in various techniques for preserving the vitality of the pulp in cases of deep caries or dental trauma. They will also be able to successfully manage and perform practical exercises in Vital Pulp Therapies and immediate restorative procedures with several pulp capping techniques and deep margin elevation techniques.

Regarding Dental Trauma, a detailed explanation will be provided on the provision of first aid for TDI in permanent and primary dentition. The main goal is for the dentist to be able to confidently handle and diagnose each category of TDI separately, recognize which tissues are involved in each injury, inform the patient about the treatment planning and long term prognosis, and successfully manage possible post-traumatic complications according to the severity of each injury. Participants will perform practical exercises on specially constructed models in the proper repositioning of traumatized teeth, suturing of soft tissues, and application of various splinting techniques. They will have the opportunity to practice on single-visit apexification and placement of apical barrier techniques on immature teeth with open apices on special immature teeth models. In the last day, participants will have the opportunity to fully understand and practice the construction of customized individual athletic mouthguards for the prevention of traumatic dental injuries.

The aim of this comprehensive Masterclass is for the dentist, through a series of lectures, hands-on activities, and discussions on simple as well as complex cases, to be able to choose the most appropriate treatment having practiced and acquired the ability to clinically apply all modern techniques as well as contemporary bioceramic materials. Furthermore, they should be able to confidently provide first aid for any dental trauma case that may come in their clinic. The seminar covers a wide range of topics from prevention treatment and restorative rehabilitation of teeth with deep caries. It also aims to provide the latest guidelines for effective and up to date management of traumatic dental injuries and complications.



Immature Teeth

The topics include

Vital Pulp Treatments and Endodontic treatment of immature teeth

- Oral health guidelines in childhood.
- Management of pediatric patients.
- Electric vs conventional anesthesia.
- Pulp physiology and inflammation mechanism.
- Mechanism of caries and classification.
- Diagnosis of pulp diseases.
- Direct or indirect pulp capping.
- Partial pulpotomy.
- Full pulpotomy.
- Success factors of vital pulp treatments.
- Success rates of vital pulp treatments.
- Clinical guide - Protocol for deep caries management and selection of appropriate vital pulp therapy.
- Immediate prosthetic restoration after vital pulp therapy.
- Deep margin elevation.
- Restorative treatment and use of glass fiber posts in immature teeth.
- Use of modern bioceramic materials in vital pulp treatments. Presentation and comparison of different bioceramic materials, composition, and application methods.
- Endodontic treatment in immature teeth with open apices using modern bioceramic materials and techniques.
- Apical barrier formation with bioceramic material.
- Techniques of root canal obturation with bioceramic sealers and gutta-percha.
- Regenerative endodontics.

Management of dental trauma in children and adults

- Epidemiology and etiology of dental trauma.
- Classification and categorization of dental trauma.
- Management of dental trauma in permanent dentition.
- Management of dental trauma in primary dentition.
- Aesthetic restoration of traumatized teeth.
- Splinting - types of splints, indications, and duration.
- Role of CBCT in diagnosis and management of dental trauma.
- Post-traumatic complications, categories, diagnosis, prevention, and treatment.
- Internal and External resorptions.
- Pulp canal obliteration.
- Vital pulp therapy in traumatized teeth- indications and techniques for preserving the pulp in traumatized teeth.
- Endodontic treatment in traumatized immature teeth with open apices.
- Classification of immature teeth with open apices.
- Diagnosis of traumatized teeth with open apices.
- Apexification technique.
- Revascularization and apexogenesis technique.
- Clinical guide and criteria for selecting each technique.
- Success factors and success rates of various endodontic treatments in immature teeth .
- Autotransplantation (replantation) of teeth after dental trauma.
- Surgical removal of crown (decoronation) after dental trauma, indications, and application techniques.
- Prevention of dental trauma, customized protective mouthguards, categories, advantages, and disadvantages.

Program Description

Day 1 Friday November 1st, 2024

Vital Pulp Therapies

08:30-09:00

Welcome, introductions, presentation of speakers and attendees.

09:00-10:30

Katerina Koleventi

- Oral health guide in the childhood and management of pediatric patients.
- Prenatal preventive dentistry for parents, determination of endodontic risk at the first appointment (risk assessment), dietary advice, oral hygiene instructions, establishment of preventive programs.
- Determination of follow-ups and radiographic imaging, behavior shaping techniques, painless conventional and electric anesthesia, tips and tricks for successful treatments.
- Hypocalcification of enamel in childhood, epidemiology, etiology, early diagnosis, and treatment.

10:30-11:00 Break - Coffee and Snack

11:00-12:30

Nestor Tzimpoulas

- Diagnosis of pulp diseases: Biology and pathophysiology of the pulp, categorization of pulpitis, mechanism of pulp and periapical inflammation, the dentin-pulp complex.
- Vital Pulp Therapy in posterior teeth with deep caries and traumatized anterior permanent teeth: Indirect pulp capping, Direct pulp capping, Partial pulpotomy, Full pulpotomy. Indications and contraindications, case presentations, technical guidance.
- Detailed explanation for each stage, prognostic factors and success rates.

12:30-14:00

Detailed presentation of modern bioceramic materials.

14:00-15:00 Lunch Break

Practical Exercise

15:00-16:30 Nestoras Tzimpoulas

- Demonstration by the instructor and practical exercise by the participants under the supervision of trainers in: Direct pulp capping, partial pulpotomy, full pulpotomy with bioceramic materials.

16:30-18:00 Miguel Marques (Live Streaming from The Netherlands)

- Deep margin elevation and direct cusp coverage composite (direct onlay) restoration after VTP.

Practical Exercise

18:00-19:30 Panagiota Kardara

- Demonstration by the instructor and practical exercise by the participants under the supervision of trainers in: Direct cusp coverage composite restoration after Vital Pulp Therapy and deep margin elevation.

Day 2 Saturday November 2nd, 2024

Management and Prevention of Dental Trauma in Children and Adults

09:00-10:30 Katerina Koleventi & Nestor Tzimpoulas

Trauma I - Permanent Dentition

- First aid. Reception of the injured patient in the clinic and telephone instructions, epidemiology, etiology, predisposing factors, trauma history.
- Classification of dental trauma, use of Dentaltrauma.gr, ToothSOS app, and dentaltraumaguide.org.

Hard Dental Tissue Fractures

- Diagnosis, classification, first aid in the clinic, treatment, presentation of clinical cases for each trauma category.

10:30-11:00 Break - Coffee and Snack

11:00-12:30 Trauma II - Permanent Dentition Nestor Tzimpoulas & Panagiota Kardara

Periodontal Trauma and Supporting Tissues Displacements

- Diagnosis, classification, first aid in the clinic, treatment, presentation of clinical cases for each trauma category. The role of CBCT in dental trauma.
- Immobilization: Types of splints, advantages and disadvantages, indications and contraindications for splinting, splinting durations in permanent dentition.

Practical Exercise

12:30-14:00 Panagiota Kardara

- Demonstration by the instructor and practical training of the participants under the supervision of instructors in various techniques for reattaching fractured segments of injured anterior teeth.
- Preparation of both the tooth and the fractured segment for rebonding.
- Presentation and practice in the esthetic rehabilitation technique with composite resin using a silicone key.

14:00-15:00 Lunch Break

15:00-16:00 Trauma III - Primary Dentition

Katerina Koleventi

- Hard dental tissue fractures and periodontal tissues traumatic injuries.
- Diagnosis, classification, first aid in the clinic, treatment.

Practical Exercise

16:00-17:30 Kosmas Tolidis

Restoration of Fractures in Hard Dental Tissues

- Description of the properties of direct restorative materials.
- Adhesive restorative dentistry.
- Use of auxiliary techniques to reinforce dental structures.

Practical Exercise

17:30-19:00 Nestor Tzimpoulas & Panagiota Kardara

- Demonstration by the instructor and practical exercise by the participants under the supervision of trainers in: Re-implantation of injured teeth in 3D models and practice of placing 2 different types of splints.
- Practical demonstration of the Benex Extractor Kit for safe, atraumatic repositioning of injured teeth.

Day 3 Sunday November 3rd, 2024

Management and Prevention of Dental Trauma in Children and Adults

09:00-10:00 Nestor Tzimpoulas

Post-Traumatic Complications

A: Necrosis

- Endodontic treatment in immature traumatized teeth with open apices. Chemical-mechanical processing. Comparison and use of different bioceramic materials and substances, composition, advantages and disadvantages, case presentations.
- Apical barrier technique with bioceramic materials and regenerative techniques for immature teeth.

Practical Exercise

10:00-11:30 Nestor Tzimpoulas

Demonstration by the instructor and practical exercise by the participants under the supervision of trainers in:

- Endodontic treatment of immature teeth with bioceramic materials. Apical barrier technique with bioceramic materials.
- Sealing technique with bioceramic filling material and gutta-percha.
- Demonstration and practical exercise by trainer via microscope.

11:30-12:00 **Break - Coffee and Snacks**

11:00-13:30 Nestor Tzimpoulas

B: Resorptions

- Tooth resorptions: Classification (internal, external), ankylosis, resorption probabilities, diagnosis, treatment, presentation of clinical cases.

C: Calcifications

- Pulp canal obliteration: When to expect it, when intervention is needed, treatment techniques for obliterated anterior teeth.
- Aesthetic restoration of discolored traumatized teeth, internal bleaching.

D: Extraction

- Extraction of traumatized teeth in childhood. What do we do now?
- Tooth Autotransplantation.
- Decoronation.

13:30-14:30 **Lunch Break**

14:30-15:30 Theodoros Tasopoulos

Prevention of dental trauma

- Categorization of prevention (primary, secondary, tertiary), types of mouthguards, prefabricated, partially customized, customized, advantages and disadvantages.

Practical Exercise

15:30-17:30 Theodoros Tasopoulos

- Demonstration by the instructor and practical exercise by the participants under the supervision of trainers in: Construction of customized protective mouthguards.

General Information

3-Day Masterclass in Vital Pulp Therapy & Dental Trauma

Tuition fees: 790 €
Location: Merimna Institute, Athens, Greece
Dates: November 1-2-3, 2024

Coordinator: Dr. Nestor Tzimpoulas

Trainers: Dr. Nestor Tzimpoulas
Dr. Theodoros Tasopoulos
Prof. Dr. Kosmas Tolidis
Dr. Panagiota Kardara
Dr. Katerina Koleventi
Dr. Miguel Marques



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